

SOUTH EAST QUEENS **ACTION PHOTOGRAPHY WORKSHOP**

(Freezing a Moment in Time)

The first thing that comes to mind when we say action photography is Sports, but in all reality action photography is the capturing of an image of any subject that is in motion.

Because the subject is in motion and timing is extremely important, we must prepare before hand if we are to be successful.

Some key elements to think about for your preparation are:

- a) Do we totally want to freeze the action or use some form of blur?

How can we achieve this objective?

- * By obtaining the correct shutter time for the speed of the action and the direction of travel.
- * ISO, F Stop, Shutter Speed, that will be needed.
- * A technique sometimes used for very fast action called Panning.

- b) Knowing your subject well enough to anticipate an action.
- c) Learning how and where to position yourself, where to point your camera for best composition and when to press the shutter are important aspects that have little to do with the camera itself.
- d) Equipment you will need.
- e) Shutter Lag
- f) Focal length of lens needed

The adage “Luck favors the prepared mind” holds especially true in photography.

EJR PhotoProductions Inc.